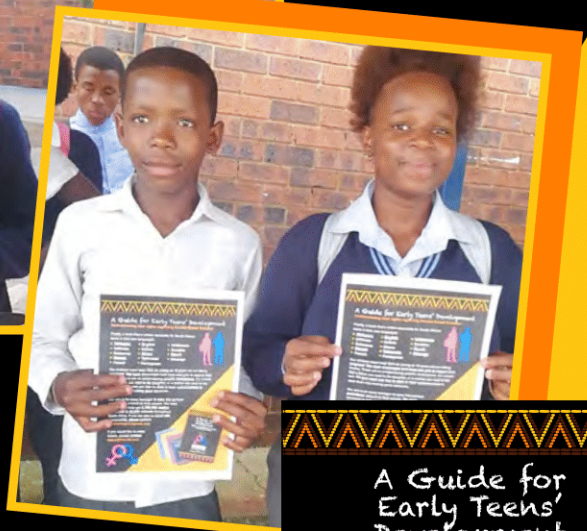


# A Guide for Early Teens' Development

Understanding their rights regarding Gender-Based Violence

FP&M Seta and Fran Lili have been visiting schools and donating these booklets to teenagers to help guide them into making good decisions and respecting their bodies.





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## **OUR CHILDREN ARE IN TROUBLE!**

*The directors of **Fran-Lily (Pty) Ltd**, Mr. Henry Jensen Frandsen and Ms. Lilian A. Magal (Pen name, Tiam Fady Nate), the authors of the book*

***A Guide for Early Teens' Development  
Understanding their rights regarding  
Gender Based Violence***

*Would like to inform you of our very exciting collaboration between the*

***Kara Heritage Institute***

*Headed up by Prof Motale Motshekga, and*

*Dr Felleng Yende, the Chief Executive of*

***FP&M Seta and***

*Hilary Leong the CEO of*

***ACT Africa (Child trafficking)***

***OUR CHILDREN ARE IN TROUBLE!*** • *Girls as young as 10 years old are falling pregnant!*



### ***Our Prime objective.***

*Our prime objective of this collaboration is to get this pocketbook into the hands of the **6,700,000** children at the **20,000** odd schools throughout South Africa. We plan, with the generous donations from our sponsors, to distribute this book to every province throughout the country.*

*Every child must carry this book in their pocket, to act as a constant reminder to look after their bodies and to stay safe.*

### ***About the Book.***

***‘A Guide for Early Teens’ Development’*** This book was written to provide our children with an understanding of sex education that is penned in a spiritual fashion.

*This book does not contain any embarrassing graphic content or suggestive matter, on the contrary, it encourages students to respect and protect their bodies. This is a book, that a father can read to his daughter, and a mother can read to her son.*

*We have written a book for teenagers to understand that their bodies belong to them, **and no one has the right to touch it!***

*Another Benefit is that the book is designed in a small Pocket-book style. This will enable the children to permanently carry the book on their person, allowing them to constantly remind themselves of the dangers lurking throughout every form of media today.*

**OUR CHILDREN ARE IN TROUBLE!** • Girls as young as 10 years old are falling pregnant!

*I would like to share these comments of the book by celebrity, **Jolani Letaba**. She said, "My name is Jolani Letaba, I am a Series Producer for "The Real Housewives of Durban". I have been working in the broadcast and Media space for the past fifteen to sixteen years of my life. I have worked on various television programmes, and I have also worked on, the biggest, "Long Walk to Freedom" Nelson Mandella, the movie. Yeah. I am very much in the media space, I am very much in communication, and yes, I make things happen.*

*I really, really like the book, umm, and I feel like it's a teachable book not only for teenagers, but for adults like me. A book like this which not only looks at the human anatomy or the biology of sex, but also connects with the spiritual side of things, and how your instincts and your intuition work as well as emotion and your mindfulness.*

*I do wish that there could have been a book like this, that would make me better understand from a spiritual perspective, and a purity perspective on my body, instead of using the biology on sex education, These are things that adults are now learning, in there big age, that we are learning as we go along, and we are only realising it now, when it is too late. But this is a platform for children to actually learn something like this, from a young age, and they can inspire themselves and actually have the necessary tools to know what the consequences are of their actions, that is bigger than just, you are having a child, or you have an STD, (Sexually Transmitted Disease) it's a spiritual thing as well connected to it. So, I think there is a balance of that within this book and I really do wish parents will get a hold of it and they do give it to their children. I am going to read it again, because I did enjoy it, and it resonated, because there is a message even in my adult hood."*

**Jolani Letaba.**

*This is an e-mail received from John Chitsa, whose wife is a Gynaecologist. John told me that he and his wife were having a disagreement as to who should tell their son about the 'Birds and the Bees.' I told him that I might have the answer and fetched a copy of '**A Guide for Early Teens' Development**' from the boot of my car and*

*gave it to him. Three days later I contacted him, and this was his reply. 'Great to hear from you Henry. I came back from the conference last night and the first thing I asked my wife was how she found the book. She said, 'It's such a rich book and not only does it help kids but also parents to talk about sex education with their children. jchitsa@tns.org | technoserve.org*

### **Translations**

*'A Guide for Early Teens' Development' is translated into all of the official South African languages and some: **English, Setswana, isiXhosa, isiNdebele, Portuguese, Afrikaans, Sesotho, Siswati, Tshivenda, Xitsonga, isiZulu, Sepedi, French, and Shona.** An Audible copy in English will soon be available, we are also working on an e-book.*

**OUR CHILDREN ARE IN TROUBLE!** • *Girls as young as 10 years old are falling pregnant!*

***Every child must carry this book in their pocket as a reminder and a guide to stay safe!***

### **Options for Sponsors**

*If you sponsor this book for any of the schools, we can add your company Logo to the inside of the front cover or on the outside of the back cover. Or both!*

*We plan, with the generous donations from our sponsors, to distribute this book to **every province** throughout the country.*

*The sponsor can select the province if they would prefer certain schools to receive these books.*

*To achieve this monumental undertaking, we desperately need the assistance of industry, corporates, institutions, and the private sector for funding.*

***We appeal to you for sponsorship.***

*This is a mammoth task, and it will require the support of several sponsors to reach our goal.*

***What do they say! 'How do you eat an Elephant?' - A bite at a time!***

***OUR CHILDREN ARE IN TROUBLE!*** • *Girls as young as 10 years old are falling pregnant! Help us reach our goal. Let's get this pocketbook into the hands of 6,7 million children in 20,000 schools throughout South Africa.*

***The Book Launch that was held on the 8<sup>th</sup> of December 2023***

*For your information, here is some coverage of the book launch held at the KARA Heritage Institute on the 8<sup>th</sup> of December 2023.*



*The Book Launch was generously sponsored by **Dr Felling Yende** from the **FP&M Seta**, and it was held with the support of **Prof Motale Motshekga** at the impressive premises of the **Kara Heritage Institute** in Pretoria. Schoolchildren, members of the Education Department, Kara Heritage Institute delegates, and representatives from our sponsors were in attendance and were entertained by Prince Dube, the at the function. Here are a few notes on the speeches that were delivered.*



**Prince: Zolile Burns-Ncamashe (MP) Deputy Minister, Your attendance at our book launch was a source of immense pride. Your impassioned speech resonated with the audience, capturing their full attention.**

*Prince Zolile welcomed all the honoured guest and made a point of welcoming the **Jordanian Ambassador Wasfi Ayyad**. He turned to face Henry and said, 'Welcome to all the honoured guests, including Henry, who I met at a concert!' Henry raised his hat in acknowledgement. The prince held up the book 'A Guide for Early Teens' Development' and said, 'This is an important instrument, **IF IT WAS PLACED IN THE RIGHT HANDS!**' He continued to inform us that our children learn things while they are still young! Our children learn things while they are still fragile! Our children learn things while they are still sponges and absorb every bit of information. Amongst other things he said, 'If we as parents had the opportunity to nurture it would be well received, and if that opportunity is not there, then therefore, **THIS BOOK** presents that opportunity, it places that opportunity at our disposal.*



*Terisa Hsu-Lee, Mrs. South Africa Top 5-2023, delivered a courageous speech highlighting the challenges she faced during her teenage years. Her eloquence emphasized the critical need for our book in all schools across the country. Terisa's introduction of me was so flattering that I almost didn't recognize myself; she truly made me sound exceptional.*



**Hilary Leong**, representing ACT Africa, provided a sobering insight into the alarming world of human trafficking affecting young girls and boys. Her compelling argument stressed the necessity of sex education to prepare our children for potential challenges, urging the education department to facilitate the distribution of our pocketbook. She emphasized that our children need help urgently.



***Dr Felleng Yende** from the FP&M Seta generously sponsored the Book Launch, and we owe her a debt of gratitude. Her heartfelt plea to the government and sponsors to assist children facing early pregnancies underscored the book's significance. Dr Yende believes that if just one line from the book sticks in their subconscious, prompting hesitation and restraint from engaging in early sexual activities, our efforts will be worthwhile.*

***Sharon Prokas** from I-con International made a considerable impact by assisting in setting up the venue and ensuring everything ran seamlessly. Her suggestion to use Prince Dube as a compare/MC turned out to be a brilliant decision, enhancing the entire event.*

*A heartfelt thanks to **Lilian**, my business partner, co-author, and friend, whose tireless efforts were pivotal in making the launch a resounding success.*

***If you want more information or would like to place orders:  
Contact Henry Jensen Frandsen.                      [henry@fran-lili.com](mailto:henry@fran-lili.com)***

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